

# The PAQ

*Everyone is cared for. Everyone is looked after. Everyone has a role.*

Welcome to the PAQ: a queer-centric collective and affirming education project. Each learning experience, celebration space and resource is curated to pollinate queer bliss and caring communities. PAQ spaces are designed with radical compassion to cultivate the call to our accountability to each other.

Founded in 2023, The PAQ has served over 600 students and educators and collaborated with local queer and youth serving organizations from Massachusetts to Minnesota. Partners include the Boys and Girls Club, SOFLX Pride, SOMD Pride, Friends and Mentors Inc., Rainbow Rose, and The Belmont Theatre.

The PAQ is a call to find our roles within our communities so that we can better look after and take care of each other.



# FOUNDER, THE PAQ

# TINA INGEMI M.ED.

Hi! I'm Tina (she/they) a queer, former school counselor with 18 years of multinational youth work experience and leadership. I was raised by the East Coast, (Massachusetts) and have lived across the US and in Toronto, Canada working in youth-centered spaces.

I'm a Bridgewater State University (BA) and Providence College (MEd) alumna who has facilitated global youth leadership experiences. I've led and coached international educational facilitators, high school and middle school counselors, educators, youth mentors, youth workers, leadership staff, and school counseling and social work masters students.

Currently, I am leveraging my passion and expertise in summer camp magic, SEL strategies, and radical compassion to create resources for cultivating affirming learning spaces. I pollinate LGBTQIA+ connections by co-hosting queer bliss spaces and I consult for queer and youth organizations across the East Coast including Friends and Mentors Inc., The Boys and Girls Club, and Southern Fingerlakes Pride .

While in the borderlands of Arizona, I lived alongside two wolves, Anubis and Feliz. Both the wolves and borderlands nurtured my belief in the power of the wolf pack and pack mentality; **Everyone is cared for. Everyone is looked after. Everyone has a role.** This is the vision for The PAQ. For me, magic happens when people feel safe, seen, and supported; and the resources, learning experiences, and bliss spaces I'm curating are always designed with this in mind. I care deeply about building joyful and welcoming spaces for learners of all kinds and believe that making mistakes and adjustments is one of the best ways we can show up for ourselves and each other.

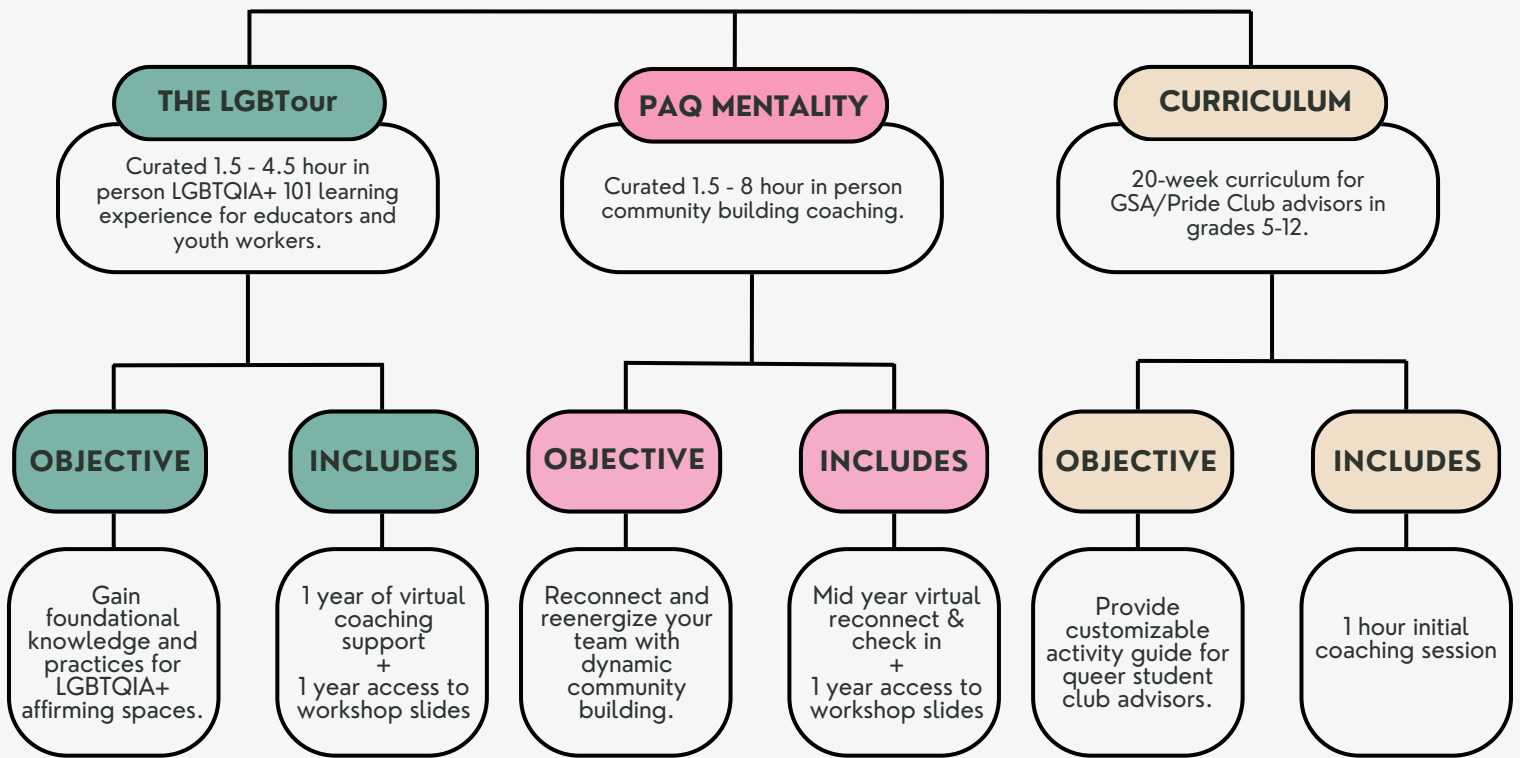
I'm an introverted Aquarius, rescue dog mom, and snack enthusiast currently living in the woods of Maryland with my wife and dogs. My dream is to build a homestead and hang out with my animals.

 THEPAQ

 TheLGBTour@gmail.com



# PAQ PARTNERSHIP 2024 OFFERINGS



## The LGBTour

The concepts covered will be determined in collaboration with each partnership including but not limited to:

- Supporting trans and gender non-conforming students and their families
- LGBTQIA+ Vocabulary
- Understanding Pronouns
- The LGBTQIA+ Experience: An exploration into your region's LGBT+ history, current laws, and policy.
- LGBTQIA+ Mental Health: Exploring the impact of providing affirming spaces and suicide prevention.
- The How: Tangible actions to provide intentional and inclusive spaces for LGBTQIA+ communities.

**\$950 - \$3,500 (for up to 75 participants)**

## PAQ Mentality

Assess your team's PAQ style through purposeful play dynamic team building and dialogue:

- As a team, you will answer the questions: What is everyone's role? What does community care look like on your team?
- Participants will learn activities and facilitation techniques that promote a culture of care and belonging through Social Emotional Learning.

**\$1050 - \$5,500 (for up to 55 participants)**

## GSA Curriculum

Support students in connecting to their queer/transness and each other through purposeful play and facilitated dialogue. Objectives include but are not limited to:

- Establish group norms
- Connect to local resources and queer stories
- Celebrate the multitudes of queerness through gender expression, identity, and community care.
- Learn about LGBTQIA+ history

**Sliding Scale \$199 - \$997 [Preview the Curriculum Here](#)**

# PAQ PARTNERSHIPS

"You are by far our **most popular workshop** in the program."

"I just want to thank you for such a **powerful** presentation today! Your passion and expertise certainly gained you a fan club! I am already asking when we can have you come back so we can continue the momentum and enrich our school culture with more knowledge and understanding."

"The **energy** you bring makes this super accessible to everybody, which I think can be really affective with some of the folks who are not as openminded. Lots of information, but in a fun way!"

"So **inclusive and fun!** Loved how sensitive it was to everyone. Kind and comfortable environment."

Thank you for always being a **guiding light** to knowledge and information when it comes to all humanitarian issues!!! Proud to be part of the Paq.

"I loved this so much! This content is so important and Tina's energy is contagious. I learned so much from this seminar and **feel much more confident** about situations that may arise in my future classroom!"

"Your presentation skills are amazing. You had me laughing with your candidness and **approachability**. I'm currently working with a transgender sixth grader and you gave me some **great strategies** and affirmation on how I communicate with them."

"It was an amazing training. Tina had **amazing energy** and was **super inspiring**. She moved around and answered everyone questions. She made it so that I was able to understand everything and be able to make connections and relate it to my life which helped me connect and understand!"